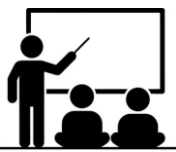
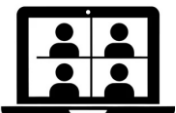


10th
Batch

Overview of Integrated Diabetes and Endocrine Course (IDEC '26-27)



**Class Room
&
Online**



Why This Course ?

The world is gripped by pandemics of Obesity, Diabetes Mellitus, Metabolic Syndrome, Iodine Deficiency and Osteoporosis. Endocrine disorders in several million children and adults in India remain undetected and untreated because of inadequate professional expertise. These Courses on Diabetes & Endocrinology is an optimal way of dissemination of information among clinicians and physicians of India. These courses provide physicians a foundation in the theoretical and clinically-applied aspects of this discipline. The programme covers a basic curriculum in diabetes and clinical endocrinology. Aims of the courses include:

- To develop understanding of the clinical sciences relevant to clinical practice in endocrinology and diabetes.
- To develop knowledge of common and important disorders in endocrinology and diabetes at a level appropriate to underpin clinical experience and support independent practice.
- To develop the problem-solving skills which will enable independent practice.



Overseas Faculty
Dr. Shyamasunder Acharya
(Associate Professor – Conjoint Faculty, UoN)

Regional Faculties
Prof. Anirban Majumder
(Conjoint Faculty- UoN)
Prof. Debmalaya Sanyal
(Conjoint Faculty- UoN)
Dr. Kalyan K. Gangopadhyay
(Guest Faculty)
Dr. Soumyabrata Roy Chaudhuri
(Lecturer – Adjunct Faculty- UoN)

Course Fee Rs. 40,000/-

(Payable by draft or cheque/UPI in favour of
KOLKATA HORMONE FOUNDATION)

LAST ENROLLMENT: 15TH SEPTEMBER, 2026

Course Co-ordinator | Technical Co-ordinator
Khaya - 9830 551 903 | Dipayan - 9433 223 005

Kolkata Hormone Foundation in collaboration with University of Newcastle, Australia) has started “Integrated Diabetes and Endocrine Course (IDEC)” since 2016.

The University of Newcastle (UoN), informally known as Newcastle University, is an Australian Public University established in 1965. It has a primary campus in Callaghan, a suburb of Newcastle, New South Wales. The university also operates campuses in Ourimbah, Port Macquarie, Singapore and the central business districts of Newcastle and Sydney.

Historically, the University of Newcastle Medical School has implemented the problem-based learning system for its undergraduate Bachelor of Medicine programme – a system later mandated for use by the Australian Medical Council through out Australia.

In 2015, Times Higher Education ranked the University of Newcastle number 2 in Australia and number 30 in the world for universities under 50 years of age.

These are the Post Graduate Courses in Diabetes and Endocrine Science designed to up skill the physician in the initial diagnosis and management of diabetes and endocrine disorders. It is a problem based learning approach and each course is structured around 12 modules. The topics covered are;

Course Contains

01. OPD Management of Diabetes
02. Menopause, HRT & Andropause
03. Acute Complications of Diabetes
04. Chronic Complications of Diabetes
05. In-Hospital Management Of Diabetes
06. Thyroid Physiology, Thyroid Function Test, Hyperthyroid & Thyroiditis
07. Calcium + Vitamin D + PTH Physiology, Osteoporosis & Hypercalcemia
08. Lipid Metabolism, Hypercholesterolemia, HyperTG & Approach to Obesity
09. Gonadal Hormone Physiology, Approach to Hirsutism & Management of PCOD
10. Iodine, Hypothyroidism, Subclinical Hypothyroidism & Approach to Thyroid Nodule
11. Hypothalamic - Pituitary physiology, Prolactinaemia, Hypopituitarism & Sodium disturbance
12. Anatomy-Physiology of Adrenal, Adrenal Insufficiency & Adrenal Crisis, Approach to Hypercortisolism & Approach to Adrenal Incidentaloma

**1st Class
on
20th Sep '26**

Course Schedule

Studying these course will lead to improvement of knowledge in the subject including updation and insight into emerging areas of research. The 12 modules of the course will be delivered in face to face class room as well online with an audio presentation. There will be 12 modules, 1 class each month in pre scheduled SUNDAY. Upon **registration** you will be granted access to the course material, where after a **Pre test** evaluation, you will be granted access to the module and you will be provided with a set of reading materials after a specified time period you will have to complete the **Post test** evaluation. After **successful** completion of **Post test**, a gap of 10 days, you can take up the module **Exit Examination**. You can avail of 3 chances to clear the examination in a span of 7 days.

Exam. and Certification

The module **Exit Examination** conducted at the end of the module will cumulate towards award of the certificate. All 12 module examinations must be cleared for the award of the certificate.



Course Conducted by
KOLKATA HORMONE FOUNDATION
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